



Ka Leo O Kodenkan

American Jujitsu Institute

Since 1939

Volume 2018

“Un Mau Ke Ea O Ka Aina I Ka Pono”

Issue 1



Professor Charles Lee, Judan September 15 1929 - February 7, 2018

Professor Charles P. K. Lee was a senior student of Professor Simeon Eli and served as AJI Vice President of the Karate Division for decades. He was a Soldier, Husband, Father, Martial Artist, and most of all, a truly good man.

Services for Professor Lee were held on April 16 2018. Several out of town guests flew in to honor Professor Lee including Professor Zane and Debbie Graham and his student Sensei Scott Budnik who, together with his son and daughter, led members from Hawaii dojo in performing a Kata dedicated to Professor Lee. This has been a time-honored tradition of the Karate Division founded by Professor Lee’s teacher Professor Simeon Eli.

Wahiawa Kodenkan’s Jaydeen “Keiko” Yonekura danced a gentle and sentimental hula to the classic Hawaiian melody “I’ll Remember You” and President Daniel Saragosa delivered the eulogy. Professor Lee very much missed his wife Alyce after her passing in 2015. They were happily married for over 60 years and she was always by his side at AJI events over the years. Now he is with his beloved wife Alyce forever.





President's Message

By: Professor Daniel W. Saragosa

As we move into the summer months of 2018, we reflect on just how well the AJI is progressing. We continue to be a vibrant, strong and a forward-looking organization. We expect great things for our membership. We recently participated in the 2018 Ohana hosted by our friends at Jujitsu America. The event was well-attended and we were happy to meet with the many members and friends who participated.

Professors Ken Eddy and Zane Graham are hosting a Seifukujustu Certification weekend later this month in the mountains of Portola, Ca. This is being followed by a Medical Chi Gung Intensive Weekend in August. We are also participating in upcoming workouts in California and at the Shoshin Ryu Yudanshakai Event during the Labor Day Weekend in Boulder, Nv.

Prof. Ron Jennings of Kaishinkai has been awarded his Doctorate Degree in Danzan Ryu Jujitsu and Prof. Ken Eddy was awarded the highest rank attainable in the AJI, a Judan, 10th Degree for the many years of training, teaching and expertise in the Martial Arts Arena. Professor Janice Okamoto of the Alameda Judo and Jujitsu Club was promoted to Kudan, 9th Degree as well.

We have begun the review process and modification to our by-laws in order to bring the AJI into the modern age and in compliance with current legal processes.

We have been selected to host the Ohana in 2020. Prof. Scott Horiuchi is currently working with the Ala Moana Hotel, the site of the 2012 Ohana. We have received inquiries from people as far away as England, Costa Rica and Equador, expressing their desire to be part of the 2020 Ohana.

As mentioned earlier, we are looking forward to wonderful things. We ask that you continue to practice diligently, continue teaching, continue with your support and continue to volunteer in order to better strengthen the organization. Spread the word and have a wonderful summer.

Aloha e Malama Pono,
 Daniel Saragosa
 President and COO
 American Jujitsu Institute

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Ohana 2018

By Prof. Kainoa Li



Ohana 2018 was held June 1st, 2nd, and 3rd at the Nugget Casino Resort in Sparks, Nevada. It was hosted by Jujitsu America. Organizations from around the world who trace their lineage to the arts of Professor Henry Seishiro Okazaki gathered together once more in the spirit of Ohana and Kokua.

This year's event featured two days focused on clinics, Friday and Saturday with Sumo and Jujitsu competition on Saturday evening followed by a full day focused on Karate Kata, Kumite, and Sports Jujitsu competition on Sunday.

Several of our AJI Professors and Sensei had the opportunity to teach clinics at Ohana. Professor Harold Akira Horiuchi and Professor Scott Horiuchi taught

Shime No Kata, Professor Daniel Saragosa taught Oku No Kata assisted by Professor Kai Li, Professor Mel Cansibog, Sensei Ben Cansibog, and Sensei Mindy DeCastro. Professor Mel Cansibog then taught Nage No Kata with his son Ben Cansibog and Sensei Mindy DeCastro. In the spirit of Ohana, Professor Kevin Colton of the AJJF also made a contribution by stepping up to assist Professor Cansibog with his clinic. Professor Ken Eddy taught Bo No Maki, Professor Janice Okamoto taught Massage, Professor Carlos Gallrgos taught 2 Step Fighting, Professor Kevin Dalrymple taught SRY Basic Waza, Professor Kai Li

taught Hawaiian Grappling, and Professors Ron and Sue Jennings taught Kids Jujitsu, At the conclusion of each clinic, Professor Richard Bunch, Sensei Carla Bunch, Keanna Bunch, and the JA staff presented each instructor with a framed certificate and special

notebook to commemorate their service to the event. It was a lovely gesture much appreciated by everyone who received one.

The tournament featured a strong showing in Sports Jujitsu competition. This was definitely emphasized and has long been a strength of this year's host organization, Jujitsu America. JA has pioneered the growth of the sport since the early 1990's.

An American Flag and a framed portrait of our founder stood at the Shomen, or head, of each mat area used for training and competition

at this year's Ohana. This was done to emphasize this year's theme: Honor Your Roots – Respect Tradition. At the Awards Banquet the AJI was honored to bestow several significant promotions including the elevation of Professor Ken Eddy to Judan and the presentation to Professor Janice Okamoto of her Kudan.



Going deep into the secrets of Oku No Kata with Professor Daniel Saragosa at Ohana 2018.



Professor Melvin Cansibog, son Sensei Ben Cansibog, & Sensei Mindy DeCastro sharing Nage No Kata at Ohana 2018



Ohana 2018 One Man's Opinion

by Professor Carlos Gallegos

As we departed to Reno, Professor Kevin, Judy, Sensei Ernie and I decided not to compare Ohana 2018 to our experience at Ohana 2016. We wanted to arrive with a clean slate and a fresh perspective.

When we arrived at the Nugget Hotel in Sparks Nevada, we had a rough time getting into the lobby because the hotel was under construction. We thought to ourselves: "Oh my. Is Professor Bunch going to be upset?" Fortunately, we had

no problems and the hotel staff were very courteous and professional.

Thursday, our first day, we headed to Lake Tahoe for a Seifuku-jitsu massage class by Professor Zane Graham. It was an informative and outstanding class.

When we got back to the hotel, we were formally greeted by Professor Bunch. He thanked us for coming and apologized for the construction. We said it was fine; we can handle this and so can everybody else. We then met up with 'Ōlohe Kalani Akui, President of Kaito Gakko, and Professor Alexander Bear, Vice-President of Kaito Gakko.

The following day, as people started trickling into the Ohana, we also had a nice visit and meeting with Professor Daniel Saragosa and Mindy DeCastro; who kept all us in line at the AJI board meeting. The meeting was outstanding. The only thing missing was a traditional toast shared with Professor Okazaki's sake led by Professor Sam Luke.

Later that evening we went to the Ohana 2018 registration room where Sensei Carla Bunch and her staff did a great job working exceptionally hard to keep the flow of registrants moving smoothly. We also met two delightful friends, Tia Ellwanger and Renee Gallagher, students of Professor Terry Adlawan and both outstanding competitors.

Saturday's opening bow-in ceremony included lots of instructors and students but few introductions. Some of the clinic instructors were outstanding and some needed instructional guidance in teaching. I have much more



to say about that but I will keep it to myself for now... Come talk to me at the next Ohana and I'll give you my two cents.

The banquet went well and many of us shared stories and future ideas. Some awards and promotions were given, but to me, the most memorable one was when Professor Ken Eddy got his 10th degree, outstanding and well deserved!





1 Touch Project Self-Defense Program in Hawaii

by Professor Stephen Nichols

Dear AJI Members,

I have the pleasure of writing to you about the recent successful collaboration between the American Jujitsu Institute and the 1Touch Project. Some of you may know from the AJI website that there has been an ongoing partnership between the AJI and the 1Touch, a self-defense curriculum for people legally viewed as vulnerable members of society. The 1Touch has been operating for over a year now on the islands, creating instructors with special skill sets to work with people who are blind, deaf/blind, veterans and people with mobility impairments. The Coaching Certification Courses (CCC) have been consistently funded by the Atherton Family Foundation, a charity solely dedicated to Hawaiian residents in need of support and training/relief.

Professor Kainoa Li provided the initial location for the training a year ago in his dojo and was attended in large by his student body. The majority of those Probate Coaches, including Professor Li, Sensei John Rieck, Chase Kaanoi, and Nathan Young, have recently moved on to become fully licensed 1Touch Coaches and are given all support to work within those communities who are legally viewed as vulnerable members of society. It has been a pleasure to work with those young men and women who took the time to learn the adaptive tools necessary to reach those people who might not otherwise feel confident to attend a Jujitsu or martial arts school.

On the 4-6th of June this year the second annual Hawaii 1Touch was once again funded through the kind generosity of the Atherton Family Foundation. It would be impossible to reach those in need without the grant given by this prestigious foundation. The venue for the 3 day CCC was donated by the Assistive Technology Resource Center of Hawaii (ATRC). The care and dedication shown by CEO Barbara Fischlowtz-Leong cannot be emphasized enough. Without Barbara's perseverance, courage and compassion (mandatory traits within the Kodenkan although not herself a practitioner) made this CCC possible. Barbara's right hand man, Monty Anderson-Nitahara was in constant contact with the staff of the 1Touch and acted under some very tight timelines to ensure that all ran smoothly. The hospitality shown to the 1Touch staff from Barbara was a true experience of the Aloha Spirit.

I cannot personally thank Professor Scott Horiuchi enough for putting us in contact with the Pagoda Hotel for last minute reservations (putting it lightly) that was a necessity through no one's fault in particular. It was



Horiuchi Sensei's timely response and personal introductions that gave the 1Touch Staff a fantastic introduction to the hotel staff.

As always the most important people to any seminar, presentation, conference or exposition are the end users, those people will take the knowledge and disseminate to their communities, improving the lives of all. This principle should be a given truth to any practitioner of the Kodenkan and one that needs no explanation in this article. As of the 6th of June there are now 11 1Touch Probate Coaches in Hawaii! They shall remain Probate Coaches until a thorough final exam is undertaken up to 6 months from the CCC in June. I hope that the photos provided will give some of you the real Kokua and Ohana that was generated during this wonderful event. It is a personal hope that some of you will contact any or all of the above mentioned people who not only contributed but made this event a reality. It is so easy to take people for granted. We must always guard against this.

I could go on. As a lifetime member of the AJI and it's Official European Representative I thank all of the people and institutions who have helped so many others.

Mahalo,
Professor Stephen Nicholls,
Shichidan

Funded by the Atherton Family Foundation Hosted by the: Assistive Technology Resource Center of Hawaii (ATRC) with special thanks to Barbara Fischlowitz-Leong, Monty Anderson-Nitahara, Professor Scott Horiuchi and Professor Kainoa Li of the AJI and The Pagoda Hotel (1525 Rycroft St, Honolulu, Hawaii 96814, US Tel. 855-213-0582) for taking such good care of the 1Touch Staff.

Seifukujutsu Corner

Another AJI Seifukujutsu Course was taught this summer on July 28th and 29th 2018 in Portola, Ca. The classes were taught by Professor Ken Eddy aof Mizu Shin Tao and Professor Zane Graham of Sons of Tahoe Seifukujutsu. The event took place in the peaceful forest of Shamtivanam in the High Sierras.

There were ten graduates including Tom Rennie, Melissa Wiseman, Jefferson Thomas, Tammi Odell, Andrew Thompson, Jeannette Mitchell, Catherine Riccioli, Professor Kainoa Li, Chase Kaanoi, & Kendell Elento.

Associate Professor Stephen Nicholls and his friend Norman also came to participate on the first day. If you were to ask them they would surely also include several hummingbirds, two bears, and a number of wasps as visiting participants!

As the camp began, everyone was treated to a Lunar Eclipse as they set up their tents for the weekend.

Each morning a fresh warm healthy breakfast was prepared as everyone took in the serene environment and beauty of nature. The wildlife in particular took part in



the experience as curious deer came to admire the healing process and surprisingly gentle wasps came by to taste the food at every meal. According to Professor Nicholls there was also a bear that came by to inspect his tent...possibly a fun story to ask him about the next time you see him!

Training took place at the edge of stream open for swimming. Professors Ken and Zane and their team had set up two open canopies with plenty of massage tables and linens to assure a great experience for all the students.

During the course Tom Rennie and Melissa Wiseman once again did a great job of supporting the Professors as Uke, just as they did in 2015 when the AJI Seifukujutsu Course was held in Hawaii.

Great detail was offered on particular techniques this time and it was clear that Professor Eddy and Professor Zane had planned thoroughly to ensure the course was of value to all regardless of their previous experience levels.

Throughout the event raffle tickets were sold as fundraisers for a set of medical massage charts prepared by Professor Ken in hand crafted wooden frames made by Professor Zane Graham. The Hawaiian crew of Chase, Kendell, and their Professor Li bought the most tickets and were gratefully rewarded for their gamble by winning the raffle. This was the first time Chase and Kendell had ever been to the Reno area so it was very meaningful for their Dojo to win the raffle as the odds were far better than at any of the casinos in town!

On the last day Professor Zane and Deb Graham taught a Sushi making class for everyone complete with all the special ingredients usually found only in Japan and Hawaii. It was a delightful treat enjoyed by all the participants.

Mahalo Nui Loa to Professor Ken Eddy and Professor Zane Graham for teaching an excellent course. Be sure to attend Camp Kokua in Texas next summer in 2019 for another opportunity to study Professor Henry Seishiro Okazaki's healing arts from these excellent teachers!

Kaito Gakko Announces/Promotions Awards –Westminster, Ca

Ceremony was presided by the KAITO GAKKO Head Master Olohe Kalani Akui (10th Dan) and the following masters – Prof Alexander Bear (9 Dan)- Prof Carlos Gallegos (9 Dan) - Prof Conrad Pojas (8 Dan) – Alan comings (8 Dan) , - Prof Kevin Dalrymple (9 Dan)- Prof Jim Lambert (9 Dan)



Hector Zaragoza	7 th Degree Black Belt	Lee Firestone	5 th Degree Black Belt
Dr. Lori Jeffcoat	6 th Degree Black Belt	Ernie Hanaoka	4 th Degree Black Belt
Ramon Gallegos	6 th Degree Black Belt	John Dickson	2 th Degree Black Belt
Randy Carrasco	6 th Degree Black Belt	Dr. Rebecca Deuel-Gallegos	1 th Degree Black Belt
Linda Greesy	5 th Degree Black Belt	Jaime Lopez	Brown Belt



A Day At The Beach

August 18th Professor Hans Ingebretsen hosted a full day at the beach training in a variety Hawaiian martial arts at Seacliff State Park in Aptos California.

As the day began, special guest SGM Bob Maschmeier reminded everyone to “Train Hard, Be Humble, & Fight Dirty”. AJI President Daniel Saragosa headlined the event sharing some of the techniques from the Advanced Board of Kosho Ryu Kenpo. Sifu Bill Chun Jr. taught the base of old school Go Shin Jitsu Kenpo/ Chinese Kempo.

After lunch Associate Professor Stephen Nicholls offered some dynamic Danzan Ryu lockflows which fit in very well with the Advanced Applications of Danzan Ryu Yawara taught by AJJF President Geoff Lane.

Rounding out the afternoon, Professor Scott Merrill woke everyone up with some painful applications of Chow-Hoon Goshin Jitsu and Professor Hans Ingebretsen brought everyone down into the water to train in some drills from Ku’i Lima Kenpo. Throughout the day the weather was just right for a Northern California style day at the beach. There was just enough fog to

keep everyone comfortable and no rain to be found. A ship-wrecked concrete barge at the end of a pier and the Hawaiian flag and a Pirate flag over the gathering site added to the mystique and charm of the event. Sue Ingebretsen hosted a Hawaiian Luau afterwards with great food and fellowship. As it happens, the very next day she and Hans celebrated their wedding Anniversary. Congratulations to Hans and Sue.

Ohana 2020

The AJI will be hosting Ohana 2020 in Honolulu, Hi. The event will be held at the beautiful Ala Moana Hotel, the same site as the 2012 Ohana event. A website is being updated and soon all information will be made available.

The Director for the event will be Prof. Scott Horiuchi of the Horiuchi Kodenka. The tournament director will be Stephanie Raymondo (Cansibog) of the Waianae Jujitsu Club, The tournament will feature traditional jujitsu Kata, karate kata, weapons kata, Kumite and either Sport Jujitsu, or Grappling. Information and links will be posted on the AJI’s Home Page.



Professor Rick Alemany's 80th Birthday Celebration

AJI Judan Professor Rick Alemany celebrated his 80th Birthday on August 18, 2018. While his birthday fell on Saturday the 18th, the celebration party was held on Sunday, August 19th. Prof. Alemany is a legendary Kenpo-Karate champion fighter and instructor. It was a wonderful event organized by his children Deirdre, JoAnna, and Tim Alemany near his home in Pittsburgh, California. There was exceptional food prepared by the family as well as live band playing many of Prof. Alemany's favorite tunes.

This special event was well attended by many of Professor Alemany's generations of Black Belts as well as his teacher GGM Ralph Castro and his family.

Professor Alemany was one of the pioneering Karate Champions of the Long Beach Internationals alongside such names as Mike Stone, Chuck Norris, Joe Lewis, and Al Dacascos. He served as a bodyguard for "I Spy" actor Robert Culp, and was an actor and stunt coordinator for "The Killer



Elite" with Robert Duvall and James Caan.

Both Professors Daniel Saragosa and Kainoa Li attended the event and presented special gifts to the Professor. The energy of love and Aloha for Professor Rick and Margaret Alemany filled the room.

Professor Rick was moved to tears as he came forward to thank everyone for coming and reflected on his long journey in the martial arts which led him to find the love of his life, Margaret. Her birthday follows his by a week, so all present were celebrating her birthday as well. We thank this dynamic and loving couple for the loving and supporting influence they have been for all who are blessed to know them.

In celebrating his birthday, Professor Rick also paused to recognize the friends he has lost in the past year, especially our late President Professor Sam Luke and our late longtime Karate Vice President Professor Charlie Lee.

As this issue of the newsletter began with honoring one of our Senior Professors that we have lost, it is only fitting that we conclude with the birthday celebration of one who is gratefully still with us.

Hau'oli Lā Hānau to Professor Rick and Margaret Alemany!

Promotions

The AJI Announces the following promotions and acknowledgments for
2018.

NAME	AFFILIATION	RANK	DATE
Prof. Ken Eddy	Mizu Shin Tao	Judan	01-01-2018
Prof. Janice Okamoto	Alameda Judo and Jujitsu Club	Kudan	06-03-2018
Prof. Robert McKean	Pacific Jujitsu Alliance	Hachidan	02-01-2018
Chad Wissler	Neighborhood Karate & Judo Club	Hachidan	05-12-2018
Prof. George Hartsook	Eagle Karate Systems	Professorship	04-21-2018
Edward Bederov	South Coast Jujitsu	Rokudan	06-01-2018
Lee Hebert	Tamashiido Dojo	Godan	05-17-2018
J.R, Henderson	Eagle Karate Systems	Godan	04-21-2018
Charles D. Goodman	Pacific Coast Academy of Martial Arts	Godan	05-23-2018
Kristi Lucius	Eagle Karate Systems	Yondan	04-21-2018
Chris Eller	Kaishinkai – Seattle	Sandan	06-01-2018
Mindy DeCastro	Wahiawa Kodenkan	Sandan	06-03-2018
Todd Tetriault	South Coast Jujitsu	Nidan	06-01-2018
Jeff Kolm	Eagle Karate Systems	Nidan	04-21-2018
Rebecca Gallegos	Kaito Gakko – Fullerton	Shodan	02-11-2018
Luke Gentry	Kaishinkai – Seattle	Shodan	06-01-2018
Olivia Latham	Kaishinkai – Seattle	Shodan	06-01-2018
	Karate Division		
Judith Leopold	American Eagle Martial Arts	Rokudan	06-01-2018
	OTHER		
Prof. Ron Jennings	Doctor of Philosophy Emphasis in Danzan Ryu Jujitsu	Doctorate	04-21-2018