

# Ka Leo O Kodenkan

American Jujitsu Institute

Since 1939

Volume 2017

"Un Mau Ke Ea O Ka Aina I Ka Pono"

Issue 3



*Florence Luke accepts a presentation from Professors Kalani Akui and Carlos Gallegos.*

## A Tribute to Prof. Samuel C. Luke

### 2017 Camp Kokua

The 2017 edition of the AJI's Camp Kokua was a tribute to former President Samuel C. Luke who recently passed away. His wife Florence and family accepted many accolades not only from the AJI, but from various organizations in attendance.

The four day event was capped by an awards banquet in his honor. The night featured an all-you-can eat prime rib buffet, awards and recognitions, hula dancers and other entertainment. A special thanks go out to Professors Kalani Akui and Carlos Gallegos from Kaito Gakko for their special tribute, including a moving song by Prof. Kalani Akui. A special thanks also to Keiko Yonekura (*Wahiawa Kodenan*) who performed a farewell Hula (*I'll Remember You*) in tribute.

In combination with Camp Kokua, the weekend also featured the 2017 AJI Summer Classic Tour-

namment. The tournament featured spirited competition in Jujitsu Kata, Weapons Kata, Karate Kata, Grappling, Kumite and Sport Jujitsu. Judging by the number of competitors and the enthusiastic crowd. The event a great success.

Camp Kokua has its genesis in the Okazaki Massage System. The event is the brainchild of Zane and Debbie Graham of South Lake Tahoe. It was organized in 1994, to bring together all Seifukujutsu Practitioners from the various Danzan Ryu organizations. Various massage clinics were presented throughout the weekend featuring some of the best instructors in the system.

Congratulations to the Alameda Judo and Jujitsu Club for taking overall Team Honors at the Summer Classic.

**A VERY MERRY  
CHRISTMAS  
and Happy New Year!**



# President's Message

*By: Professor Daniel W. Saragosa*

This has been a trying time for our organization. Our beloved president, Samuel S. Luke passed away on May 23rd due to complications following heart surgery. He will be remembered as a caring and conscientious gentleman who catered to the needs and desires of his fellow man. He was kind and open and possessed those qualities that made people want to be part of him, his world, his vision. People would naturally gravitate to him to listen to his stories, of which there were many. He loved sharing his philosophy of life and in general, how to live a productive, honest and respectful life.

We also report on the passing of AJI's Secretary, Robert R. Hoffman Jr. He was a long-time member of the Wahiawa Kodenkan. Hoffman assumed the duties as secretary in 2012 and held the position until his death. He died after a long battle with liver cancer and finally succumbed on September 27th. He was a fixture at most events and was in the constant company of Prof. Luke, manning the AJI's Hospitality Suites. He will be missed by many. A Celebration of Life Service was held on December 16th in Wahiawa, Hawaii. His ashes will be scattered at sea in a private ceremony.

As we move forward, we will continue to steer the AJI into the future, maintaining our position as a leader in the world of Danzan Ryu Jujitsu. We will continue to grow and carry on the vision of our founding fathers to promote the teachings of Prof. Henry Seishiro Okazaki and the Kodenka/Danzan Ryu System of Jujitsu.

We will continue to support our membership and grow our numbers by carrying on the traditions of the past while infusing new ideas that will bring our membership goals within the reach of every member.

I wish each an everyone of you a prosperous and wonderful coming year.

Daniel W. Saragosa  
*President*

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## Seifukujutsu Corner

by Prof. Ken Eddy

In 2012 a gentleman I was familiar with, approached me with a request; “I have a friend that had a stroke six months ago and is being released from the hospital as they have done all they can for him.” He asked if I would be willing to see him and try to help him? I was teaching a massage class at the time and invited my acquaintance to bring his friend to class.

On the day of the class, three men came carrying the stroke victim in. The gentleman was 6’8” tall and 280 pounds, a very big boy.

His right arm and right leg were seriously compromised, and he was unable to talk, walk, or use his right hand. This man, whose name was Tom, had been in Rehab at the hospital for six months and had not shown signs of improvement. I am sure that those at Rehab did all they could to bring him some renewal, but were unsuccessful. I think his insurance may have run out. At any rate, we tried a different approach. We performed the basic anma and then used seifukujutsu and Master Okazaki’s improvised methods of treatment.

In a short period of time, “Tom” was able to bend his arm and began to speak, (although not very comprehensible), and he seemed to be very excited. We got him off the table to see if he could stand on his own. This may not have been the best idea. He tried to walk and started to fall, we could not hold him up and down he went. A man that weights 280 pounds and is 6’8” tall is very, very difficult to pick up, especially if he cannot assist on his own.

We worked on him some more and he was able to walk out with the assistance of one man to support him. I treated him for two months, twice a week, (twice a week was the only time he was able to get to the school) and I picked him up a few times as well. He eventually was able to drive, go hunting and fishing again. Needless to say, he was very thankful.

I just want to point out to all, just how effective Seifukujutsu is and how fortunate we are to have been given this wonderful gift from Master Okazaki. Hopefully, we will have someone else’s Seifukujutsu story in every newsletter so that everyone can be exposed to the benefits of learning and performing this amazing art that is part of our Danzan Ryu legacy.

## Zen Den

### Seifukujitsu - Japanese Restorative Massage

by Cathy Ricioli

A 72 mile bike ride around the shores of Lake Tahoe/ Nevada at altitudes ranging from 6,300-7,100 feet above sea Level is what entices many athletes to come to the 27<sup>th</sup> annual *Americas Most Beautiful Bike Ride 2017*. I was lured to the race because I wanted to be at the finish line with my massage table and use Seifu-



kujitsu techniques on the riders. Along with my table I brought plenty of Satsusai oil, and a spray bottle filled with alcohol to wipe down the table, paper towels, hand sanitizer for me to use on my hands and arms

to keep myself clean, a few wooden tools to perform Guasha to bring blood circulation to the surface, a kitchen timer, and trash bags. There were several other masseuses and one other chiropractor that set up alongside of me. The riders crossed the finish line staggered for the next eight hours. The athletes were male and female and came in all shapes and sizes. They could decide the length of the massage, many did 15 minutes but some went for 45 minutes. A quick assessment and interview with each rider helped



me to know where they wanted me to balance the energy in their body and what muscles needed restorative work. I explained to the athletes that this type of massage will allow their fatigued body to have a quicker recovery time. The responses from the bikers were very positive. Some told me it was the best mas-

sage they had ever experienced. Others questioned me about how I knew right were to focus the energy on their bodies. Many claimed to feel refreshed and revitalized after the grueling ride. I felt good about what I had been taught from my professors and was able to use the Okazaki Restorative techniques on many riders.



*Cathy Riciolis is a student of both Professors Ken Eddy of Muzu Shin Tao and Zane*

## PACIFIC NORTHWEST NEWS

*By: Prof. Sue Jennings*

Since our last newsletter, it's been a busy time in our region. KaishinKai hosted Kamp KaishinKai on August 5 and 6<sup>th</sup> at the property where the dojo is located near Centralia, Washington. The weather was nearly ideal with plenty of sunshine and hot weather. Classes began Friday night and continued through noon on Sunday with a small but enthusiastic group of students from Washington and Oregon in attendance. Classes ranged from massage, weapons, practice on the various jujitsu lists, aikido, and a good section on judo. Sensei Chris Eller had a chance to teach shinin no maki, with Prof. Len Riley and Prof. Sue Jennings offering assistance occasionally from the side.

Prof. Len Riley, ShoshinRyu Judan, taught judo competition along with Sensei Wayne Howard, a Shichidan in Judo, and also a KaishinKai member from years ago. Sensei Howard has been living in South Africa and has now moved back to the Seattle area. Since we do not practice a lot of judo here this was great exposure and wonderful practice for students learning from two very talented judo masters. Prof. Ron Jennings taught cane/honbo arts and included a portion of tessen no maki. Prof. Sue Jennings was to scheduled to teach the tessen arts but very poor air quality due to numerous forest fires near the dojo put Sue on antibiotics from the doctor's office due to her smoke allergies. Even though not on the mat she did a good deal of the planning for the camp. Sensei Bob Parksion and Sensei Jenni Parksion came from Salem,

Oregon to present an aikido section.

Saturday night we drove to the Lucky Eagle Casino for an all-you-can-eat seafood and prime rib buffet dinner, and then over the Eagles Landing Hotel where we enjoyed a spacious hospitality suite where guitars appeared from martial artists' gi bags to add to the entertainment. Several of our instructors enjoyed air conditioned rooms at the hotel rather than tent camping.

A good time was had by all, with no injuries other than a little sunburn and tired muscles. Next year Prof. Len Riley has offered to host the camp north of Seattle on his property.

At KaishinKai Dojo itself, Prof. Sue Jennings is now teaching a "big guys class". The students attending are not beginners, but mid-level kyu ranks coming back after not training awhile, but the students are all over 300 pounds. Needless to say, when they hit the ground the dojo shakes. It is fun, but you have to really watch out for injuries when the students are of the larger variety.

Sensei Chris Eller who heads the Seattle KaishinKai Dojo was promoted to KaishinKai Sandan on September 10th. Chris has a exemplary dojo, and has

*- Continues on Page 6*



## A Day at the Office:

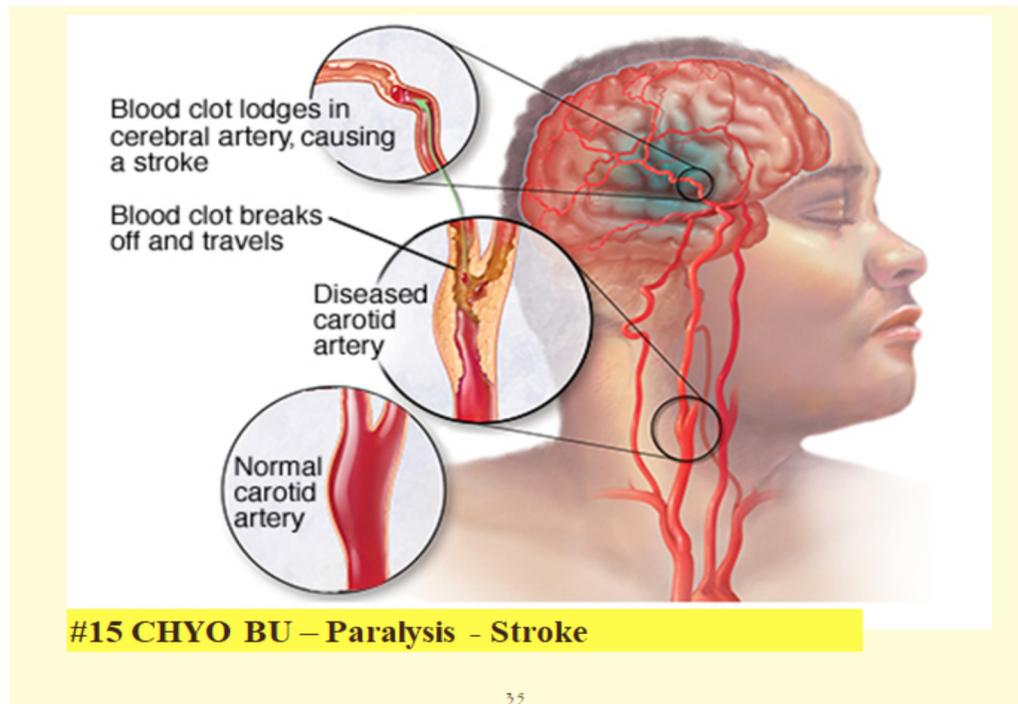
### The inside story of #15 CHYO BU – Paralysis – Stroke

by: Professor Zane Graham Sr. / Sons Of Tahoe Seifukujutsu

In Martial Arts and Dan Zan Ryu, we learn to tap into our intuition. This is where you will find the answers to important questions. Using your Q'i/Ki and your desire to help others, those who have experienced unfortunate incidents in their lives, is a positive thing. Keeping ones patient and family on a positive keel can be a difficult task. For your patients to believe in you, you yourself, should personally reflect a healthy body, a strong clear mind and deep felt dedication and intuition to be successful in the resuscitation arts.

Unfortunate experiences can be different and difficult for the patient to deal with. Having a spouse or family member involved with the patient during treatment, may make the patient feel more relaxed. Treatment can be much more successful.

Disease of the muscles is usually accompanied by disorder of the controlling nerves; the application of massage directly to the muscles is of highest value in the treatment of paralysis and present the greatest chance of restoring abilities during the first few months after a stroke. Deep kneading of the weak muscles increases the size and firmness in cases of tissue weakness. I believe that there is no condition in which restoration massage is of greater value than in the treatment of disorders of the heart and muscular system.



#### Common causes of a stroke:

1. Acute alcoholism, causing blood vessels in the brain to burst. Long term recovery.
2. Overwork and hardening of the arteries. Massage is most effective.
3. Constipation and High Blood Pressure. Cures are effective in most cases.

4. Blood Clots. Cure is possible

5. Anxiety / Stress / Life Occurrence— Massage can be most effective.

Without going into specific techniques here, we are able to bring relief to many patients and improve their lives tremendously.

## Pacific Northwest

*Continued from Page 4*

received extra training such as earning a Renshi in 2013 from the Okugi presented by Prof. Tony Janovich in San Jose, California. Chris is not only active in his dojo, but also in our regional events, and has attended national conventions as his schedule has allowed. Professionally he works as a physical therapy assistant. Congratulations, Chris!

On October 16<sup>th</sup> on behalf of the American Jujitsu Institute, Prof. Ron Jennings had the honor of presenting Sue Jennings with a certificate naming her Associate Professor in AJI. Since this is only the third time AJI has bestowed the title of Professor on a woman, this is quite an honor.”I can quite honestly say I was surprised and humbled both at the same time. I will do what I can to continue to help promote the AJI and its teachings.”

On November 18<sup>th</sup>, KaishinKai held black belt examinations for over 5 hours. We are happy to announce three new KaishinKai black belts have been awarded their shodan ranks. Olivia Latham, Seattle KaishinKai; Luke Gentry, Seattle KaishinKai; and Graham O’Brien Johnson, North Portland KaishinKai all took and passed rigorous over hour and a half physical examinations to achieve this goal. Their instructors, Sensei Chris Eller of Seattle and Sensei Ryan McDaniel of Portland were pleased with their performances

and now have students “ready to learn” Danzan Ryu. This is a special time for KaishinKai because this furthers our pyramid of black belts, since Sensei Chris Eller and Sensei Ryan McDaniel are Prof. Sue Jennings’ black belts. So now Prof. Sue has grand black belts under her, and Prof. Ron Jennings has great-grand black belts under him in his martial pyramid. Prof. Sue Jennings led the examinations with help from Prof. Ron Jennings, Prof. Len Riley and Sensei John Doyle, who served as co-examiners for the testing. Congratulations to both sensei and students for their special achievements. Special thanks to the fellow examiners for helping test students for over 5 hours. After testing we all went to a local Mexican restaurant to celebrate.

We’re now encouraging the students to attend Ohana 2018 in Reno in June with several already making their reservations. For the next local event, we look forward to our next Regional Clinic at Centralia on February 10<sup>th</sup> hosted by Prof. Sue Jennings.

KaishinKai extends our long distance spiritual farewell to our AJI former secretary Bob Hoffman and his family and friends. And, we extend our condolences to Joyce Birney, and all the other friends and family of Prof. Vinson Holck, of the Kodenkan Yudanshakai, who passed away recently.

Merry Christmas and Happy New Year to all.

### Recent Recognitions:

Hans Ingebretsen  
Professor

Shinbukan

Luis Soto-Duran  
Associate Professor  
Rokudan

Dojo Danzan Ryu  
(Costa Rica)

Emmual David Ortega  
Associate Professor  
Rokudan

Hawaiian Goshin Ryu

Sue Jennings  
Associate Professor

Kaishin Kai

Milton Bern  
Seifukujutsu Instructor

Benjamin Cansibog  
Rokudan

Austin Streadbeck  
Yondan

Christopher Bederov  
Sandán

Rachael Beatty  
Sandán

High Desert Martial Arts

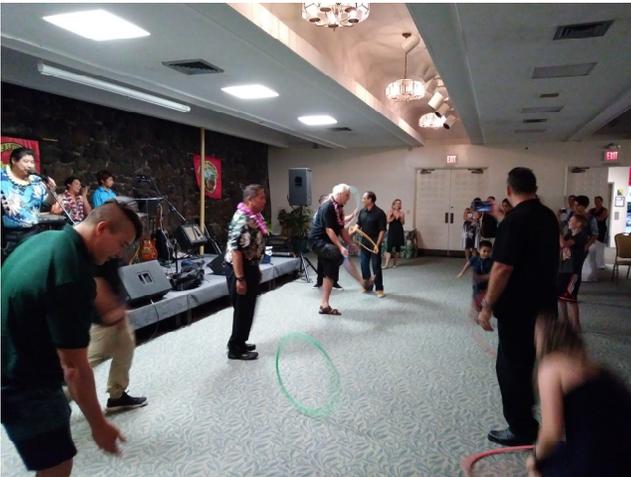
Waianae Jujitsu

Makakilo Jujitsu

South Coast Jujitsu

Alameda

# Camp Kokua Candida



*Professor Ingebretsen leads the Hula Hoop Class.*



*Professor Glenn Medici III taking it out on his wife Dr. Marlene Medici.*

*The Luke Family table at the Camp Kokua Awards Banquet.*



**Ka Leo O Kodenkan**

*Kathi Reish and Frank Ferris.*



# American Jujitsu Institute

Honolulu, Hi

Since 1939

## Multi-Purpose Registration Form

Date: \_\_\_\_\_

**Information Type:** New Renewal Changes Promotion (Circle One)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex: \_\_\_\_\_ *email address:* \_\_\_\_\_

Your School/Dojo Name : \_\_\_\_\_

Your Current Instructor : \_\_\_\_\_ (Enter "NONE" if none)

Current or New Rank : \_\_\_\_\_ Belt Color: \_\_\_\_\_ Date Promoted: \_\_\_\_/\_\_\_\_/\_\_\_\_

Dues & Fees:

### Yearly Dues

All Kyu Ranks \$ 25.00 \_\_\_\_\_  
Black Belts \$ 40.00 \_\_\_\_\_  
Chief Instructors \$ 50.00 \_\_\_\_\_  
Dojo Registration \$ 60.00 \_\_\_\_\_

*(Effective 1/1/2016)*

### Diploma Fees

All Kyu Ranks \$ 5.00 \_\_\_\_\_  
Black Belts 1 thru 5 \$ 30.00 \_\_\_\_\_  
Black Belts 6 thru 10 \$ 50.00 \_\_\_\_\_  
Professorship \$ 50.00 \_\_\_\_\_  
Assoc. Prof. \$ 50.00 \_\_\_\_\_

Please place a check mark next to all items which apply to you. Total Amount \$ \_\_\_\_\_

### **Waiver of Liability**

I certify that I am medically and physically able to participate in this activity. I have been made aware of the potential hazards involved in jujitsu, karate and other self defense training and competition. Knowing the potential hazards involved and in consideration of my application being accepted, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, waive, release and discharge the American Jujitsu Institute, it's instructors, the City and County of Honolulu, the State of Hawaii and anyone acting on their behalf, from any and all claims of liability for personal injury or death arising out of, or in the course of participating in this activity. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

Your Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Parental Consent/Signature if Under 18 : \_\_\_\_\_

Print Parent's Name: \_\_\_\_\_

**Mail to: AJI c/o Mindy DeCastro 82 Kaluhea St., Wahiawa, Hi 96786**