



Ka Leo O Kodenkan

American Jujitsu Institute
Since 1939

“Ua Mau Ke Ea O Ka Aina I Ka Pono”

Volume 2010 - 02



2010 Summer Classic a Hit!

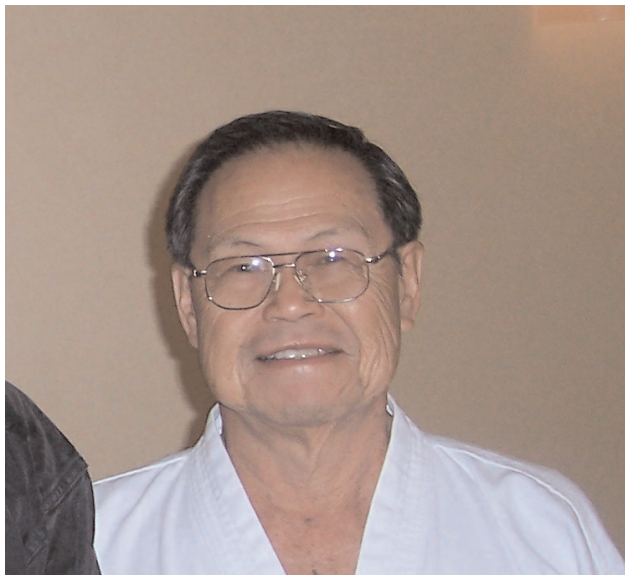
The 2010 version of the American Jujitsu Institutes Summer Classic was held on June 26, 2010 in Waianae, Hawaii. The event featured competition in Jujitsu and Karate Kata. The competition attracted competitors from Hawaii and the mainland. Competitors ranged from 5 years on up to 58 at all rank levels. The contest featured two first time schools to the event, the Horiuchi Kodenkan out of Honolulu and the Alameda Judo/Jujitsu Club out of Alameda, California.

While not normally held on years when the Ohana is hosted, many students were unable to commit

to the mainland event. Further, the Alameda Club planned to be in Hawaii and the hosting of the event afforded those going to the Ohana, an opportunity to hone their skills.

Competition was outstanding and it was apparent that a lot of preparation was made by the participants. The day began promptly at 7:30 AM and continued through lunch time. The evening was capped off with a pot-luck dinner at Makaha Surfing Beach where great food was served and a wonderful time was had by all. See the results of the contest on page 11.

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Presidents Message

by Prof. Samuel C. Luke

The AJI Summer Classic was a huge success. Mindful of our pledge to the Kodenkan Alliance that no major event be held in a Ohana year, we hosted due to the commitment made by Prof. Janet Okamoto that her students had committed to visiting visit Hawaii and that they had already purchased tickets. Expecting maybe 20 participants, we were surprised that 80 students signed up for the tournament. Wow! It was simply great.

Students and their cheering parents were all so enthused with the tournament. Comments of appreciation flowed freely, more so, for the spirit and kindness of the local sponsoring clubs from Waianae and Wahiawa. We were happy for the good representation from the Horiuchi Kodenkan. It was the first time for them and they showed they really fit into the AJI environment. That's Aloha for you.

Thanks to all the students and their parents who attended. Special thanks to Professors Daniel Saragosa, Mel Cansibog and Secretary Yvonne Cansibog for their leadership toward all the planning and details to accomplish a super event. Mahalo to the Waianae and Wahiawa students and parents who donated time and food for the meals. The meals prepared by caring hands were very delicious and plentiful.

Next we look forward to the Ohana on August 19 to 24 in Anaheim, CA. It's too bad the economy has affected the numbers from Hawaii. It looks like the showing from Hawaii will be quite disappointing. However, I expect the show will go on with enough mainland representation to have a great event. At last count SRY, our hosts, reported over two hundred registrations. Those numbers should

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improve with late registrations. If you can't make it to Anaheim, the next Ohana in 2012 will be hosted in Hawaii by AJI.

Keep up the good work, all of you!

Aloha,

Professor Sam Luke

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2010 Winter Sumo Shiai

By Sensei Randy Carrasco

On Sunday February 21, 2010, the Shoshin Ryu Yudanshakai Orange YMCA 5th Annual Winter Classic Sumo Competition was held at East Anaheim Police Gymnasium. The children of the Kaito Gakko Mainland Orange dojo did well. Each child who entered made it to the winners circle. There were many smiling faces. This was a "first martial arts competition" for some of our kids. Several regulars missed out on the fun due to the flu bug and fever.

We had a group prayer before starting. God blessed the kids with a safe and fun event. After the divisions were completed, visiting sumo champions provided an educational presentation and demonstration matches. To top it all off, all competitors got a contest patch, a free meal certificate for Ruby's, sumo basho program, fan, sumo champion autographs and a commemorative long-sleeve sweatshirt. Photos courtesy of adult class member and parent, Mr. Khanh Bui.

Results for Kaito Gakko Orange dojo at LABC:

Gold Medal:

Matthew Allen (9-10yr old) Note: First time competitor Matthew Allen (7 years old) competed in an older division



Parker Colton (10-11yr old) -First time competitor
Raymond Carrasco (17-18yr old)

Silver Medal:

Garrison Carrasco (8 & 9yr old)
Bailey Martinez (10 & 11yr old) -First time competitor
Jackie Bui (12 & 13yr old) -First time competitor

Bronze Medal:

JD Martinez (8 & 9yr old) -First time competitor



Creating a Base

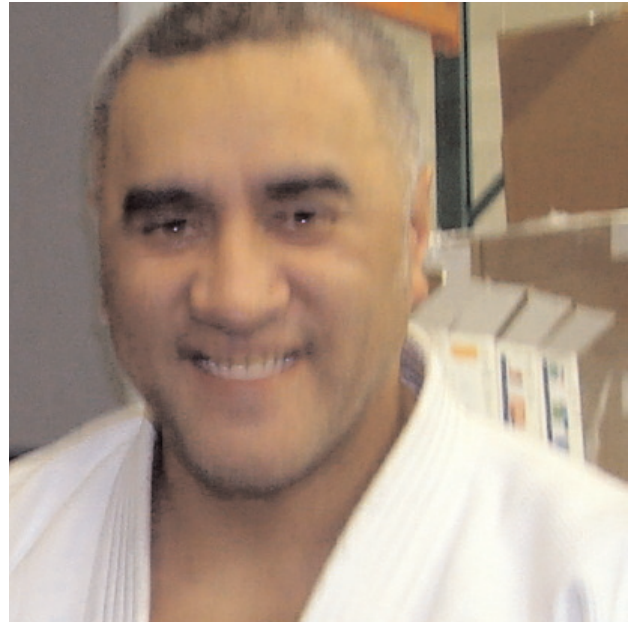
By Elvin P. Uigaese

When a house or building is being built the very first thing to be done is the laying of the foundation or "creating a base". The foundation of a base is very crucial to keep the house or building stable in one place from the strong winds, storms, rain, earthquakes, tornados, hurricanes and so much more. Without the "base" the building or house would shift over time and eventually would fall apart. It's crucial to have a foundation or "base" when a house or building is being built and this same concept is very crucial in mastering the techniques in Jujutsu by "creating a base".

"Creating a base" is very similar in form to "Hammer and Anvil" military techniques in the sense that it cuts off the opponent's path to retreat. When applying pressure to tendons via a technique the receiver can always try to retreat away from that by moving in the direction of the pressure until a "base" is created. Not only does the "base" eliminate the path of retreat but it often becomes an additional source of pressure on the tendons making it a two-sided attack.

"Creating a base" is very similar in the principle to the Schoolyard Bully Trick of pushing someone. If you just push someone they will back up. However, if you "create a base" by having an accomplice kneel directly behind your target, then you remove the ability of the opponent backing up and control where the opponent is going to land.

Another really good example where "creating a base" is very effective is in a technique called "Momiji Hazushi-Ichi" known as a Front Choke Release Escape. This technique is effective and will work but when you apply a technique called "Kabe Shime" known as the Wall Constriction to the "Momiji Hazushi-Ichi" the technique becomes stronger and applies much quicker. In the technique "Norimi" known as the Body Riding Throw when you apply your knee on the neck of the



Uke that creates base and submits the Uke which applies the choke faster. In the technique known as the "One Finger Hold" when you pull their finger against your body or any other base it creates the immobility of opponent to strike back. In the technique "Ryo Eri Dori" known as The Torture Hold when you bow with their fist it does cause pain but when you put the fist against your chest it makes the pain much more intense causing the technique more effective.

Many traditional techniques in Jujutsu will ultimately be mastered by "creating a base". Jujutsu techniques are smooth and functional because of "creating the base" concept. The concept emphasizes the smooth transition between various locks and throws in order to remove any fight back from the opponent. "Creating the base" in every technique will allow you to be in control of every move and every reaction which makes you flawless in your technique.

Just like any home being built the foundation being laid first causes stability with anything Mother Nature provides. This very same concept of "creating a base" in Jujutsu gives you the stability to control every encounter with every opponent and makes every technique successful. By "creating a base" you have created ultimate success in every technique.

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think they came from though?

On the 'Big Island of Hawaii'.

Yoshin-ryu In 1906 at 16 years old he who was to be known as Professor Henry S. Okazaki began his study of Yoshin-ryu Jujitsu at Shinyukai Dojo from Master Kichimatsu 'Yoshimatsu' Tanaka. Then known as Seishiro Okazaki, he was promoted to black belt after a 13 year study. The Dojo was in Hilo behind the old Yoshimura store on Ferneaux Lane. {note: I unsuccessfully attempted to find this location when I was in Hilo, Hilo was also re-arranged by a tidal wave since those old days.} By 1923 Seishiro Okazaki did most of the instruction there, and it was mostly Kodokan Judo according to early students who studied there.

Iwaga-ryu (Sensei unknown)

Kosogabe-ryu (Sensei unknown)

Ryuku Okinawan Karate (From an unknown Japanese from an Okinawan Prefecture)

Lua (Hawaiian 'Bone Breaking', from Kumu David Kainhee of Puna)

Mushi Jutsu (Praying Mantis Kung Fu, from Sifu Wo Chung of Kohala)

Escrima (Philippine Knife, instructor unknown)

Knife Throwing (From a Spanish teacher, unknown)

Kappo (Healing/Lifesaving was contained in many Jujitsu styles, especially Yoshin-ryu)

In 1924 Professor Okazaki spent three months in Japan, on Honshu he was said to have studied at fifty Jujitsu dojos and learned 650 techniques.

Some of the styles studied were:

Tenshi Shinyo-ryu (Sensei unknown)

Koshima Kiai Jitsu (Sensei unknown)

The Foundations of Danzan Ryu

by Dale Kahoun

Foundations of Danzan-Ryu, a smorgasbord of Koryu (old school) Jujitsu Techniques as well as a blend of other martial, fighting and healing arts.

This following paper is a study that I did some years ago in an attempt to trace down some of the many martial arts that Professor Okazaki gleaned and incorporated into Danzan-ryu. It seems to me that many of the things Professor Okazaki did are at least partial mysteries, with legendary aspects, veiled in shrouds of myth. I suppose this is as it should be. Later I will emphasize some cultural and human aspects that either limit information, or give too much.

This study is a compilation of previous information, some may be incorrect and there is a lot of room for additional information, so feel free to contribute! The study is ongoing and we should preface our 'facts' with "What I think I know is..."

Koryu refers to 'Ancient Style' or 'Old School'. These are schools that were in existence prior to the Meiji Restoration, before the end of the Edo period when the samurai were officially disbanded (1867). This means that Kodenkan Jujitsu, Kodokan Judo, Aikido, and Shotokan Karate are not Koryu. That does not mean that they aren't excellent modern martial arts. Where do you

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Shibukawa-ryu (Sensei unknown)

tained on our boards.

Takenouchi-ryu (Sensei unknown)

Shihan Jigoro Kano's Jujitsu study (and sensei if known):

Nabashoshin-ryu (Sensei unknown)

Yagyu-ryu (Only possibly Yagyu, Jigoro Kano's first Sensei Heinosuki Yagi may have been Yagyu)

Sefukujitsu Massage (techniques were Japanese blended with other style including Sewdish and Hawaiian Lomi-Lomi)

Kodokan Judo (Sensei Shihan Jigoro Kano, Professor Okazaki received a teaching credential or Sandan, Third Degree Black Belt)



After returning to Hawaii Professor Okazaki opened his Dojo, the Kodankan in Honolulu and continued his studies:

To-te (Okinawan Karate, Thomas Miyashiro taught at Professor Okazaki's school until 1936. Sensei Miyashiro was the last head of the original Hawaii Karate Senenkai. Sensei Miyashiro was a student of Kentsu Yabu in Okinawa (1927). Sensei Kentsu Yabu 1886-1937, was responsible for introducing Karate into the Okinawa school system and he was a disciple of Master Itosu Anko.)

This does not equal fifty Jujitsu schools. At that time though in Japan Professor Okazaki would have found a rich resource of Jujitsu Masters gathered around Professor Jigoro Kano, and it was also the year that the Okinawan Masters came to the gatherings that Professor Kano had organized.

Kodokan Judo Here an examination of Judo is required. In these early days Judo was still being formed and had brought other Jujitsu styles under it's wings. Since Professor Okazaki included Judo in Danzan-ryu those other Jujitsu styles contained in the still-forming art of Judo were then also made to influence Danzan-ryu. A Judo board convenes to decide what is a throw, or what variation a throw would fit under. A group of eight throws were omitted from Judo in 1920 to be re-established to Judo within recent times, and a couple are familiar to ranked Danzan-ryu practitioners as they are (or variations are) con-

Unknown-ryu (Sensei Ryuji Karakiri)

Seigo-ryu (Sensei unknown)

Tenshin Shinyo-ryu (Sensei Hachinosuke Fukuda and Masatomo Iso)

Yoshin-ryu (Followers of Shihan Kano, Yoshiakai Yamashita and Koga, these Yoshin-ryu Masters were a great influence on Judo)

Shin-no-Shindo-ryu (Sensei unknown)

Kito-ryu (Sensei Tsunetoshi Iikubo and Hidekazu Nagaoka were Sensei to Kano and as Kito-ryu Masters they were also a great influence on Judo's development)

Sousuishi-ryu (Sensei Aoyagi of this Ryuha helped develop Judo's katas)

Daito-ryu (A Takeda family style with whom Kano had connections. Daito-ryu Aikijitsu is still taught at the Kodokan. Sokaku Takeda inherited Daito-ryu. Mochizuki, a student of Kyuzo Mifune [the last man to receive a Tenth Degree Black Belt from Shihan Kano] infiltrated Daito-ryu, eventually gaining a Tenth Dan in that martial art)

Fusen-ryu (Mataemon Tanabe Fusen and his students defeated the Kodokan with their Newaza [ground-fighting techniques], so the style was won over and became part of the Kodokan curriculum)

Jikishin-ryu (Sensei unknown)

Sekiguchi-ryu (Jushin Sekiguchi and Mogichi Tsumiza were teachers of Kano's. This style,

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particularly known for weapons contributed kata to the Kodokan.

Kyushin-ryu (Sensei Eguichi assisted with kata for the Kodokan)

Shiten-ryu (Sensei Hoshino assisted with kata for the Kodokan)

Miura-ryu (Sensei Inazu assisted with kata development for the Kodokan)

Kukishin-ryu (Sensei Takamatsu's tokoi-waza [favorite technique] was hizaguruma [knee-wheel throw], this is contained within Danzan-ryu's Sasae-ashi, when the foot stop is allowed to be as high as the knee. Hizaguruma was accepted and adopted by the Kodokan. Professor Kano of course also practiced with some traditional weapons, especially the staff style of Kukishin-ryu)

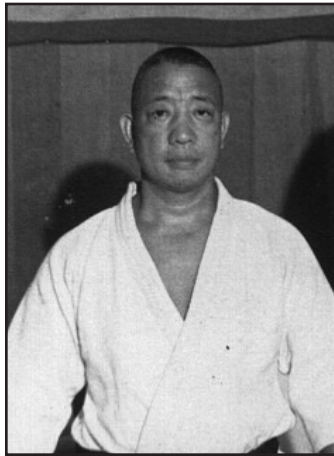
About these older styles of Jujitsu.

As I said earlier the older styles of Jujitsu are called Ko-ryu, styles that existed at the time of the Samurai. The culture that we study these arts from evade history to a degree by being secretive. These arts were at one time important military secrets. There is also an element of myth and legend as rich as European culture is with King Arthur and Robin Hood.

Techniques invented by mere mortals may not endure, but let's say it was inspired by a god coming to you in a dream and teaching you. How about, you went up to the mountains and a demon, or a hermit taught you. Those cloaked-in-mystery techniques are bound to endure (pun intended, the binding technique of Haya Nawa, Shinyo #19, was born of just such a mountain mystery).

Then as now there is also politics, jealousies, and intrigues that change history and confound fact seekers. This being said, I don't know the result, are we discouraged or more intrigued?

Yoshin-ryu (Yo [Willow] Shin [Heart-Spirit]) Developed in the 1600's by a Japanese Doctor from Nagasaki, Shirobei Yoshitoki Akiyama. He specialized in Kappo/Sappo (Heal or Kill) or (Heal and Kill). It is said he studied in China, Nagasaki was a port. He was to have studied Taoist healing and martial arts, including Kyusho (vital point striking arts). Yoshin-ryu contained approximately 300 arts, a composite system including naginata and hanbo. Currently, the 13th Headmaster is Koyama Takako, Hiroshima Prefecture.



Takenouchi-ryu (Named for founder) Developed by Takenouchi Hisamori in the 1500's, it is one of the oldest if not the oldest documented Japanese Jujitsu, shrouded in legend. A composite system including sword, knife, and tessen (fan). Currently the 14th Headmaster is Takenouchi Toichiro Hisamune, Okayama Prefecture.

Yagyū-ryū (Named for founder) Since this was only referred to as Yagu Ryu, it is possible that it is either;

Yagyū Shikage-ryū, a composite system that emphasized/emphasizes sword and Jujitsu. This includes mu-to, swordlessness, or bare-handed defense against a sword (see Danzan-ryū Kiai-no Maki techniques #15 Nukimi Dome, #16 Shiraha Dori and #17 Suso Harai, not proof that these came directly from here but something similar got to us some way). The founder was Yagyū Munetoshi in 1568, and this became the sword style taught to the Tokugawa. Currently the 21st Headmaster (Soke) is Yagyū Nobuhara, Aichi Prefecture.

or

Yagyū Shingan-ryū, another composite Jujitsu that utilized swords and a variety of other weapons. This system interestingly stratified Jujitsu into class distinctions (Commoners, Foot Soldiers, Warriors and Generals.) It was founded in the early 1600's by Takenago Hayato (and a

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conflicting name of Araki Mataemon from other sources) who had been a student of Shingan-ryu. Yagyu Munenori approved of the system Takenago was instructing and allowed the use of the prestigious Yagyu name to be attached to it. Currently the 12th Headmaster is Hoshi Kunio (from Takenago Hayato), Sendai Province.

Kosogabe-ryu (No information)

Shinbukawa-ryu (Named for founder)
Founder, Shinbukawa Bongoro Yoshinori, this style is a branch of Sekiguchi-ryu.

Fusen-ryu (Named for founder)
Founded by Takeda Motsuge in the mid 1800's. He became a priest and was re-named Fusen. The complete martial style he created was called Motsuge-ryu. Fusen-ryu stems from Takenouchi-ryu. Motsuge also studied : Namba Ippo, Sekiguchi, Yoshin, Shibukawa, and Yagyu styles. He also studied weaponry and horsemanship.

Jikishin-ryu
Founded by Samurai Terada Kanemon Masashige (1616-1674). He was also Grandmaster of Kitomidare-ryu, and studied Tenshin-ryu and Ryuishinto-ryu. The name Jikishin-ryu was changed in 1724 to Jikishin-ryu Judo, and was the fore-runner of modern day Judo, originally having 97 techniques.

Kito-ryu
Taoist and Chinese martial influence was brought to Japan in the 1600's by Chinese Scholar Chen Yuan-Ping, also known as Genpin. Genpin met Ronin (master-less samurai) Fukuno Shichirouemon Masakatsu and taught him. Fukuno had also mastered Yagyu Shingan-ryu (and later founded Ryoishinto-ryu.) Fukuno met Samurai Terada Kanemon Masahige, together they founded Kito-ryu. Kito-ryu is known for Nagewaza (throwing techniques) and the philosophic/esoteric.

Miura-ryu (Named for founder)
Founded by Ronin Miura Yojuemon, Miura accompanied fellow Ronin Fukuno Shichirouemon Masakatsu on a warrior pilgrimage when they met Genpin. They studied from

Genpin for about a year

Sekiguchi-ryu (Named for founder)
Founded by Sekiguchi Yaro Kuemon Shinshinin in 1640. It has been said that Sekiguchi Jushin studied Kempo from Miure Yojiemon. Sekiguchi-ryu (161 techniques) has occasionally been listed in the Genpin lineage
Currently the 13th Headmaster is Sekiguchi Yoshio, Wakayama Prefecture.

Kyushin-ryu
Founded by Inugami Nagatomo, derived from Enshin-ryu, proponents had also studied Kito-ryu and Yoshin-ryu.

Shiten-ryu
(No information)

Seigo-ryu
A Yagyu Seigo-ryu was founded in 1690 by Nagaoka Torei Fusashige, known for Battojitsu
Currently the 13th Headmaster is Yagyu Nobuhara Toshimichi, Nogoya, Tokyo and Osaka.

Kukishin-ryu (School of the nine demons god)
Founded by Okuni Kihei. A composite style of bojitsu, naginata, yari and jujitsu. Okuni and Tagaki Gennoshin combined Tagaki-ryu Jujitsu with Kukishin-ryu. When Tagaki died Okuni also became Grandmaster of Tagaki-ryu. Both of these ryu could be related to Tenshin Hyho-ryu as there is evidence that Okuni and Tagaki both studied this similar style.

Tenshin Shinyo-ryu
Founded in 1830 by Iso Matamo Minamoto no Masatari. It is comprised of four major classifications of techniques: Go Waza, hard techniques, Atemiwaza, Nagewaza, Shimewaza and escapes. Ju Waza Kansetsuwaza and Aikiwaza. Katsu, Healing Arts, Bugei Ju-Happan, Eighteen Battlefield Weapons Training. Tenshin-ryu is also a fusion of Yoshin-ryu and Shin-no-Shindo-ryu. Currently the Headmaster is Shihanke Kubota Toshishiro, Tokyo Prefecture.

Shin-no-Shindo-ryu
A component of Tenshinyo-ryu, that was derived

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from Takenouchi-ryu, Osaka Policeman Tamizaemon Yamamoto developed striking, gripping and paralyzing techniques. Strikes are similar to Okinawa to-te.

Sosuishi-ryu (Pure Flowing Water Style)
Founded in 1650 by Samurai Fugatami Hannosuke.

Daito-ryu
Prior to the Takeda leadership of Daito-ryu, the previous Soke was Tonomo Saigo, father (through adoption) of Judo's legendary hero Shiro Saigo. Shiro was torn between the two leaders of Daito-ryu and Kodokan Judo. He quit both. Daito-ryu claims 3000 techniques. Daito-ryu exponent and founder of Aikido, Morihei Ueshiba claimed Aikido also has 3000 techniques.
Currently the Headmaster is Katsuki Kondo, Menkyo Kaiden, Tokyo Prefecture.

Hopefully you noticed that many of the styles are

entwined, came from the same roots, or shared founders, and the founders cross-studied.

I have a saying: "Every time I headed in a new direction with my martial study I just found myself coming home from a new direction."

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'Karate's History and Traditions' Bruce A. Haines
Article contributed to the 'Judo Black Belt Association of Hawaii' by Dr. Masuhara, Judo Sensei and Principal of Hilo High School
A special thanks to Koryu.com website (check them out!)

This article was reprinted with permission from the Kilohana Chronicles.

AJI 70th Anniversary Results

The results of the AJI's 70th Anniversary's Grappling Tournament was inadvertently left out of the last newsletter.

5-6 Years

1st	Laakea LaPastore	Waianae Jujitsu
2nd	Maria Galletes	Wahiawa Kodenkan

7 Yrs Beginner

1st	Theodore Quismondo	Waianae
2nd	Dayton Saragosa	Wahiawa Kodenkan

7/8 Yrs Inter

1st	Kyle A. K. Lui	Waianae Jujitsu
2nd	Mehana Galletes	Wahiawa Kodenkan

9 years

1st	Brandon Ehia	Waianae Jujitsu
2nd	McKenna Chun	Waianae Jujitsu
3rd	Naythan Yonekura	Wahiawa Kodenkan
4th	Olivia Quismondo	Waianae Jujitsu

10 Years

1st	Kalani Vierra	Waianae Jujitsu
2nd	Casey Nitta	Makakilo Jujitsu
3rd	Charles Freitas	Waianae Jujitsu
4th	Katlin Barnes	Waianae Jujitsu
5th	Copeland Talkington	Waianae

11 years Novice

1st	Reyes Landford	Waianae Jujitsu
2nd	Stanton Kawelo	Waianae Jujitsu
3rd	Ronny Landford	Waianae Jujitsu

11 years Advance

1st	Makoa Galletes	Wahiawa Kodenkan
2nd	Treston Barcarse	Waianae Jujitsu
3rd	Stanley Kawelo	Waianae Jujitsu

12/13 Girls

1st	Tammy Shelton	Waianae Jujitsu
2nd	Danielle Elvenia	Waianae Jujitsu
3rd	Bryanna Lagmay	Wahiawa Kodenkan

12/13 Boys

1st	Barry Westlake	Waianae Jujitsu
2nd	Sean Burke	Waianae Jujitsu

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3rd Joshua Leonard Makakilo Jujitsu

Teen Girls

1st Mindy DeCastro Wahiawa Kodenkan
 2nd Jada Pereira Makakilo Jujitsu
 3rd Jayna Yonekura Wahiawa Kodenkan
 4th Kaleinani Taylor Waianae Jujitsu

Teen Boys

1st William Domen Waianae Jujitsu
 2nd Pono Leonard Makakilo Jujitsu
 3rd Phillip Krout Waianae Jujitsu
 4th Alton Barcarse Waianae Jujitsu

Adults

1st Trevor Blackwelder Menlo
 2nd Matt Stockton Koryukan
 3rd Randy Leonard Makakilo Jujitsu
 4th Dana Burke Alaska Jujitsu

Black Belt Division

1st Tarn Liu Makakilo Jujitsu
 2nd Kapua Galletes Wahiawa Kodenkan
 3rd Ben Cansibog Waianae Jujitsu
 4th Austin Streadbeck Makakilo Jujitsu
 5th Nolan Yonekura Wahiawa Kodenkan



Sue Jennings and her **“Fujin Goshin - Then and Now“** Class.

70th Anniversary

Terry Adlawan and Randy Carrasco with the kids of their **Nage No Kata Class.**

70th Anniversary



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Results of the 2010 AJI Summer Classic

Karate

5-7 Novice

1st	Braxton Kaokai	Waianae Taekwondo
2nd	Erica Malbar	Waianae Taekwondo

5-7 Beginner

1st	Matthew Horiuchi	Horiuchi Kodenkan
2nd	Brandon Vavul	Horiuchi Kodenkan
3rd	Jonah Higashiguchi	Horiuchi Kodenkan

8-9 Beginner

1st	Amanda Higashiguchi	Horiuchi
2nd	Brandon Saragosa	Wahiawa Kodenkan

10-11 Novice

1st	Jovelin Okazaki	Wahiawa Kodenkan
2nd	Jason Lagman	Wahiawa Kodenkan
3rd	Naythan Yonekura	Wahiawa Kodenkan

10-11 Beginner

1st	Tyler Primas	Alameda Judo/Jujitsu
2nd	Edward Mabar	Waianae Taekwondo
3rd	Noah Han	Alameda Judo/Jujitsu

10-11 Inter

1st	Luke Horiuchi	Horiuchi Kodenkan
2nd	Douglas Dembrage	Alameda Jujo/Jujitsu
3rd	Cage Vavul	Horiuchi Kodenkan

12-13 Beginner

1st	Glenn Van Winkle	Alameda Judo/Jujitsu
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12-13 Inter

1st	Bryanna Lagmay	Wahiawa Kodenkan
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14-15 Beginner

1st	William Han	Alameda Judo/Jujitsu
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14-15 Inter

1st	Sylvia Meam	Alameda Judo/Jujitsu
2nd	Sebastian Santiago	Alameda Judo/Jujitsu

14-15 Advance

1st	Jayna Yonekura	Wahiawa Kodenkan
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16-17 Beginner

1st	Jaypee Carreon	Waianae Taekwondo
2nd	Tiffany Shelton	Waianae Taekwondo
3rd	Eunice Dela Cruz	Alameda Judo/Jujitsu

16-17 Advance	Mindy DeCastro	Wahiawa Kodenkan
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Adult Beginner

1st	David Higashiguchi	Horiuchi Kodenkan
2nd	Anthony Primas	Alameda Judo/Jujitsu

3rd	Lisa Manuel	Waianae Taekkwondo
3rd	Justyn Locke	Waianae Taekwondo

Adult Inter

1st	Michelle Dias	Alameda Judo/Jujitsu
2nd	Danielle Primas	Alameda Judo/Jujitsu
3rd	Lan Luu	Alameda Judo/Jujitsu

Adult Advance

1st	Dennis Dias	Alameda Judo/Jujitsu
2nd	Terrance Woo	Alameda Judo/Jujitsu
3rd	Christopher Woo	Alameda Judo/Jujitsu

Black Belt

1st	Jason Woo	Alameda Judo/Jujitsu
2nd	George Arrington	Alameda Judo/Jujitsu
3rd	Andrew Han	Alameda Judo/Jujitsu

Jujitsu

5-7 years

1st	Matthew Horiuchi	Horiuchi Kodenkan
	Jonah Higashiguchi	Horiuchi Kodenkan
2nd	Brandon Vavul	Horiuchi Kodenkan
	Kauilani Chun	Horiuchi Kodenkan
3rd	Aiden Downs	Horiuchi Kodenkan

8-9 Years

1st	Amanda Higashiguchi	Horiuchi Kodenkan
2nd	Keanu Ribordy	Waianae Jujitsu Club
	Dennis Ribordy	Waianae Jujitsu Club
3rd	Kazen Delenia	Waianae Jujitsu Club
	Madison Ani	Waianae Jujitsu Club

10-11 Div 1

1st	Kalani Vierra	Waianae Jujitsu Club
	Chavison Ani	Waianae Jujitsu Club
2nd	Glen Ehia	Waianae Jujitsu Club
	Anjalo Renon	Waianae Jujitsu Club
3rd	Makanalani Chun	Horiuchi Kodenkan
	Eliki Tanuvasa	Horiuchi Kodenkan

10-11 Div 2

1st	Luke Jared Fia	Waianae Jujitsu Club
2nd	Kyle Lui	Waianae Jujitsu Club
	Hunter Koshi	Waianae Jujitsu Club
3rd	Kayden Tabanara	Waianae Jujitsu Club
	Daniel Manlapit	Waianae Jujitsu Club

10-11 Div 3

1st	Luke Horiuchi	Horiuchi Kodenkan
	Cage Vavul	Horiuchi Kodenkan
2nd	McKenna Chun	Waianae Jujitsu Club
	Brandon Ehia	Waianae Jujitsu Club
3rd	Noah Han	Alameda Judo/Jujitsu
	Douglas Dembrage	Alameda Judo/Jujitsu

12-13 Div 1

1st	Ronny Lansford	Waianae Jujitsu Club
	Dallas Fredrick	Waianae Jujitsu Club

Ka Leo O Kodenkan

12-13 Div 2		
1st	Bryanna Lagmay	Wahiawa Kodenkan
12-13 Div 3		
1st	Kaulana Stanley Charles Freitas	Waianae Jujitusu Club Waianae Jujitusu Club
14-15 Div 1		
1st	William Han Glen Van Winkle	Alameda Judo/Jujitsu Alameda Judo/Jujitsu
14-15 Div 2		
1st	Jayna Yonekura	Wahiawa Kodenkan
2nd	Sylvia Meam	Alameda Judo/Jujitsu
16-17 Inter		
1st	Eunice Dela Cruz Sebastian Santiago	Alameda Judo/Jujitsu Alameda Judo/Jujitsu
16-17 Advance		

1st	Sean Burke Phillip Krout	Waianae Jujitsu Clun Waianae Jujitsu Clun
Adult Beginner		
1st	David Higashiguchi John McCabe	Horiuchi Kodenkan Horiuchi Kodenkan
2nd	Renee Horiuchi John Vavul	Horiuchi Kodenkan Horiuchi Kodenkan
3rd	Darryl Chun Robert Kipapa	Horiuchi Kodenkan Horiuchi Kodenkan
Adult Advance		
1st	Daniell Primas Anthony Primas	Alameda Judo/Jujitsu Alameda Judo/Jujitsu
Black Belts		
1st	Dennis Dias Christopher Woo	Alameda Judo/Jujitsu Alameda Judo/Jujitsu
2nd	Lan Luu	Alameda Judo/Jujitsu
3rd	Michelle Dias Jason Woo	Alameda Judo/Jujitsu Alameda Judo/Jujitsu

Participating Schools include:

Alameda Judo/Jujitsu Club	Prof. Janice Okamoto
Horiuchi Kodenkan	Prof. Harold Akira Horiuchi Sensei Scott Horiuchi
Makakilo Jujitsu Club	Sensei Austin Streadbeck
Wahiawa Kodenkan	Prof. Daniel Saragosa
Elite Training Systems	Sensei Kainoa Li
Alemanly Kenpo/Karate	Prof. Rick Alemany
Waianae Jujitsu Club	Prof. Mel Cansibog Sensei Jonathan Cansibog
Waianae Taekwondo	Sensei JoAnna Ramos



Prof. Cansibog over-sees laying of mats.



Opening Ceremonies

Ka Leo O Kodenkan

What's happening around the Pacific Northwest

By: Sensei Sue Jennings



It's like a never-ending story as far as martial events taking place in our region. First of all classes at the Evergreen State College ended for the summer months with classes resuming at the college in October. During the summer months all classes are held at KaishinKai Dojo's main school near Grand Mound, Washington. As we ended the quarter at the Evergreen State

College branch of KaishinKai Dojo we had two students promoted to Gokyu - 3rd Degree Blue Belt: Artem Raysky and Corey Schaeffer. Ray Wach was promoted to Gokyu - 1st Degree Blue Belt.

Shodan Chris Eller's classes at Seattle University are going well. Chris has regular classes several nights a week and is developing a good program there. Prof. Ron Jennings and Sensei Sue Jennings attended testing and had a fun get-together afterwards after Daniel Aguilu and Leigh Macauley tested for their first rank in Blue Belt and passed. Chris has a good location and the outlook for growth in his classes in Seattle is excellent.

In Ryan McDaniel's Portland, Oregon branch of KaishinKai Dojo, classes are growing and students are moving up as well. Recently, Aaron Wythe was promoted to 2nd Degree Blue Belt. Ryan is scheduled to test later this month for his Shodan. In April, there was a Regional Workout at Salem Budokai in Salem, Oregon. Several KaishinKai students were in attendance and indicated it was a good workout. The next Regional Workout for the Pacific Northwest is scheduled for July 17th in Hillsboro, Oregon, hosted by Sensei Paul Bedard. Half a dozen or so students are expected to attend and Prof. Ron Jennings and Sensei Sue Jennings will be teaching segments at the workout. After the workouts we all go out for food and camaraderie. It's becoming a very friendly group of dojos in the Washington and Oregon region.

Two weeks ago, Sensei Sue Jennings hosted a 4-hour Athletic Taping Clinic at KaishinKai Dojo, with 16 people in attendance. Students learned the anatomy behind the taping and taped fingers, wrists, elbows, shoulders, knees and ankles. Brown belts preparing for shodan later this month took and passed a written exam showing proficiency in taping procedures as well as taping the various body parts. While we usually do not have many injuries in our classes, the dojo looked like we had experienced a disaster with so many people taped at one time. Joe Lentz, KaishinKai shodan, got applause from the students for shaving his legs in preparation for the taping class. Joe showed commitment to the cause and it was appreciated.

Joe is starting his own school a little east of Tacoma, Washington, but it's slow going at first. With the commitment Joe shows to Danzan Ryu it will only be a matter of time before he has a good sized group of students taking classes from him.

As far as for myself Sue, putting on a clinic about Athletic Taping involved a lot more than students may realize. First of all, as the instructor you have to be sure you know your subject forwards and backwards to be able to present it so that students can learn the material. Since it was the first taping clinic I've held it involved a lot more time in preparation than the duration of the entire class. If it was just taping it would be simpler, but reviewing the anatomy behind the taping of joints is much more involved. It was a learning experience for me and I'm glad Prof. suggested I put on a taping clinic. It's a situation where I will have to admit I kind of drug my feet a bit, not really wanting to do the work involved in putting on the clinic, but in hindsight I feel it was a good learning experience. It made me review my anatomy, and try to figure out a way to present the material in a coherent fashion that would be meaningful to the students attending. I feel good after presenting the material that the students have at least the basics on taping for the more common athletic injuries we see in the dojo.

As far as learning the names of the various ligaments - I think that's going to take a little more time to absorb that knowledge. I created handouts for the class so that students can include these in their notebooks for future reference, so hopefully that will be helpful later on.

The latest promotion that KaishinKai Dojo would like to announce is that of Spencer Arnold to 3rd Degree Brown Belt (Sankyu) on July 13, 2010. Congratulations, Spencer!

The next event after the upcoming Regional Workout at Hillsboro, Oregon on July 17th will be Ohana, 2010 in Anaheim, California. This will be a special event for our school as we have a number of students planning to attend their first national convention. With it being an Ohana, it will make it even more special for those attending to be able to meet so many great martial artists and make so many new friends.

We're looking forward to the event and so are all our students.

Ohana 2010
"Honoring the Past, Shaping the Future"

August 20-22nd 2010
Sheraton Park Hotel - Anaheim Park

See you there!!!!!!!!!!!!!!!!!!!!

Ka Leo O Kodenkan

How Jujitsu Affected My Life

By: *Takahide Aso*



It is my understanding that Japanese martial arts not only develop your techniques or how to take down opponents, it teaches you spirituality and morals. Jujitsu has influenced my personality and way of thinking.

My martial arts experience started with Judo. I joined the Judo Club in middle school when I was living in Japan. I joined the club because I was influenced by my family's Judo history and to make myself stronger. My grandfather was a famous Judoka in Japan. My teacher and senpai (older students) were pretty strict and trained us hard. During those three years, Judo taught me discipline and confidence. I became captain of the Judo Club in my last year of middle school and led the other students, teaching and leading in the same way as I had been taught.

In Japan, Japanese martial arts like Judo and Kendo are taught in PE classes in school. Usually boys are taught Judo and Kendo and girls are taught Chado (Japanese Tea Ceremony). Through this, students learn not just tradition, but they also learn discipline, manners and morals.

After I moved to the U.S., I took a break from Judo and I joined the wrestling and soccer team in high school. In the wrestling training, we trained hard, but my coach didn't teach much about discipline and morals. Usually the coach focused more on winning matches. I quit wrestling after one season. After that, I sometimes went to the recreational Judo club that my father was going to in Seattle. It was a very small club, which consisted of less than eight people. I couldn't go to practice very often, since it was pretty far away from where I lived in Bellevue. I got too busy with my school studies and I needed to focus on my education.

After I graduated from the university and got a full time job in Olympia, Washington, I decided to look for some kind of martial arts for my regular exercise. I went to see several martial arts school such as Judo and Aikido in Olympia and Tacoma. None of them met my ideal martial arts learning environment. Then, I found Kaishinkai Dojo teaching Jujitsu in Olympia at Evergreen State College.

I joined Kaishinkai Dojo Jujitsu, because Professor Ron Jennings and Sensei Sue Jennings were very dedicated and had a vast amount of knowledge of Jujitsu. It was very close to my ideal environment to learn martial arts.

Since Kaishinkai Dojo held practices at the Evergreen State College, many college students joined the class. I saw many students who lacked basic manners and morals even though they were college students. But many of them eventually learned and improved their manners and morals throughout the martial arts practice. Students, who continued for a long time in this dojo, gain respect from others.

Since this year, I have been practicing Jujitsu for almost 6 years. Since I already have a black belt from Judo and have knowledge of Japanese martial arts and know what to expect in a martial arts class, it was quite easy for me to adapt to the Jujitsu class. During the later years, I had a chance to assist in teaching "kouhai" (newer students) numerous techniques and giving advice. I had learned many things from teaching "kouhai." To teach others, I need to have dedication, organization, and perseverance. It is rewarding for me once the "kouhai" get the techniques. I will continue learning martial arts for the rest of my life.

Editor's Mote: Takahide (Hide) Aso has been a student of KaishinKai Dojo for the past six years. Born in Japan, Hide moved to the U.S. when he was just nine years old. Later this month he will be testing for his first degree Black Belt. Then he will be leaving to take college classes in Russia for the next two years. With Hide's family background he has helped everyone in the dojo understand more of the Japanese martial traditions.



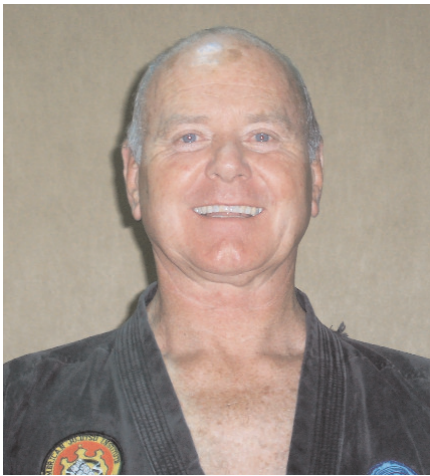
Waianae's Charles Freitas blesses the food before dinner. 2010 Summer Classic



Tarn Liu's and Austing Streadbeck's Kiddie Grapling Class. AJI's 70th Anniversary Clinics.

Ka Leo O Kodenkan

The Title of Professor for Danzan Ryu Jujitsu



by Professor Ken Eddy

There has been a recent listing of the Professors of Danzan Ryu / Kodenkan Jujitsu professors that has been compiled and sent around to the various organizations. The statement that all of the groups had similar requirements or standards for this honor to be bestowed upon any individual was not at quite accurate. Most organizations have different standards for this title.

The original Danzan/Kodenkan Group, (*the American Jujitsu Institute*), has standards that are different in many ways:

You must be a Shichidan or above to receive this great honor and responsibility.

You must have an in-depth knowledge of all of the Danzan Ryu/Kodenkan boards. This includes Yonenbu no Kata, Chigari, Sutemi, Yawara, Nage te, Shime te, Oku te, Fujin Goshin no Maki,

Fusegijutsu, Kiai no Maki, Keisatsu Gijutsu, Kappo, Seifukujutsu, Shinen, Shinyo, Shingen, as well as a demonstration of the esoteric principles with the ability to transmit the system.

Being a Professor of Danzan Ryu in the AJI is not a title given lightly. It is a great responsibility. One does not just cross their arms, sit on their laurels and profess the system of Master Okazaki. You know the system and can go beyond the basic techniques onto the principles and applications that are esoteric within this incredible system. I have seen people that have been given this honorable title that have no more understanding of what Danzan Ryu Jujitsu is than the man off the streets. A very sad commentary indeed.

Just as you must have worked diligently to reach the level of black belt, you must strive even harder to archive and maintain the standards of those that came before you. Some think you must slow down with age, however, this is what brings age into the individuals reality. You may not have the same agility, speed or strength you once had, but you have experience and adaptability that youth cannot gain for many years. You have much to offer if you get out and participate.

Your patience is appreciated,
Prof. Ken Eddy AJI

Notice



Tarn Liu - Godan

Tarn Liu, Chief Instructor at the Makakilo Jujitsu Club has left the school. He has taken up missionary work in Thailand with his wife and child. Tarn was the consummate student and teacher, having come to the Waianae dojo as a white belt, while holding a black belt in Judo. He was a student of Professors Francisco Limbago and Melvin Cansibog. He was a fierce competitor and had won many championships, including taking first place in the black belt division at the AJI's 70th Anniversary Grappling Tournament.

He will be missed by his students, parents, friends and the entire AJI. We wish him the best as he embarks on a new journey in his life.

Aloha.

Ka Leo O Kodenkan



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